

## Mental Health Day Services E-Bulletin

August 2008

- **COMMUNITY DEVELOPMENT AND MENTAL HEALTH REPORT**

Connect and Include: An exploratory study of community development and mental health, commissioned by the National Social Inclusion Programme (NSIP), has recently been produced by the Community Development Foundation (CDF).

The study comprised a brief review of literature relating to relevant policy and practice, a survey and 39 interviews including community development practitioners, people with experience of mental ill-health, and staff from mental health services.

The report is concerned with the individual and the community. It explores how community development can contribute to an individual's 'recovery' from mental ill-health and also how it can promote 'community well-being' within a locality or community of interest. The findings suggest that by bringing people together to address their own concerns, facilitated by community development practitioners and supported through partnerships, it is possible to reduce stigma, create new community-led resources and develop new connections between individuals, groups and organisations.

The report can be downloaded and hard copies ordered from:

<http://www.socialinclusion.org.uk/home/index.php?subid=50#whatsnew47>

- **MENTAL HEALTH AND SELF-DIRECTED SUPPORT**

A symposium for people with a passion for supporting choice and control by people with mental health problems is taking place on the 9<sup>th</sup> October in London. CSIP, who are organising the symposium, are currently seeking evidence of good practice examples which can be shared at the event.

For more information please see information and download documents from:

<http://icn.csip.org.uk/Personalisation/PersonalisationEvents/PersonalisationEventDetail/?eventID=384>

- **DAY SERVICES MODERNISATION ARTICLES AVAILABLE TO DOWNLOAD**

Two articles about day services modernisation are now available to download from the National Social Inclusion Programme website.

'How do we get from here to there?' was published in A Life in the Day in February 2008 and 'Overcoming the shock of the new' was published in the April edition of Mental Health Today. Both can be downloaded from:

[http://www.socialinclusion.org.uk/work\\_areas/index.php?subid=79#section003](http://www.socialinclusion.org.uk/work_areas/index.php?subid=79#section003)

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