

Mental Health Day Services E-Bulletin

February 2008

- **blueSCI DVD**

blueSCI, the innovative day service in Trafford, Manchester have produced a DVD in conjunction with the National Social Inclusion Programme. The 40 minute film looks at the development and running of the service from the perspective of the commissioner, service users, staff and partner agencies. It is a valuable tool for people involved in modernising services and powerfully shows one model of how a restructured day service can work.

Copies of the DVD are available for free on a first come first served basis. Please contact: antonia.furmston@londondevelopmentcentre.org

- **PILOTING THE DAY SERVICES OUTCOMES FRAMEWORK**

Are you using the Mental Health Day Services Outcome Indicators Framework?
Would you be prepared to give feedback on your experiences of using it?

The National Social Inclusion Programme is seeking commissioners and providers from both the voluntary and statutory sectors who will be using the framework over the coming months as part of their performance monitoring. These organisations will form the basis of a small pilot study, piloting use of the framework and then attending a meeting in the summer to evaluate its effectiveness and ease of use.

If you are interested in being involved please contact
ben.taylor@londondevelopmentcentre.org by Monday 10th March.

The Framework can be downloaded from
http://www.socialinclusion.org.uk/work_areas/index.php?subid=96#section003

- **DEFINING 'SAFE SPACE'**

The provision of 'safe space' for people with mental health problems is an important function of day services, but what it means and how it is created is by no means clear cut, and may be different for different people.

So what are the key features and characteristics of 'safe space', what are the different ways it can be provided and how can it fit within a socially inclusive day service?

‘Defining Safe Space in Mental Health Day Services’, which was recently produced through discussion between service users, trustees and staff at Bromley Mind, goes some way to answering these questions and taking forward a conversation about ‘safe space’ in day services. The document can be downloaded from: http://www.socialinclusion.org.uk/work_areas/index.php?subid=79#section006

If you’d like to join the discussion about ‘safe space’, go to the day services forum at: <http://www.socialinclusion.org.uk/forum/viewforum.php?f=18>

- **MENTAL HEALTH OUTCOMES TOOL**

A mental health focused version of the ‘Outcomes Star’, which was designed to measure individual outcomes in homelessness services, has recently been developed and is currently being piloted. The ‘Recovery Star’ uses the same approach as the original tool but is tailored to the needs and concerns of people with mental health problems.

For further information please contact Judy Weleminsky, Chief Executive, Mental Health Providers Forum, c/o Mental Health Foundation, 9th Floor, Sea Containers House, 20 Upper Ground, London SE1 9QB or at: j.weleminsky@mhpf.org.uk

- **DAY SERVICES REVIEW**

We have a limited number of hard copies of the day services review ‘From segregation to inclusion: where are we now?’ available. If you would like one please contact: Rebecca.mitchell@londondevelopmentcentre.org

The presentation given by Ben Taylor at the recent launch of the document can now be downloaded from: <http://www.socialinclusion.org.uk/publications/DSLlaunchBT.pdf>

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